



MEP Liz Lynne is actively supporting the Breast Health Day campaign

In a Dods EU Alert distributed on 14 October, Member of European Parliament Liz Lynne announced her support of the Breast Health Day campaign to urge women to take more exercise and improve their breast health.

“We hope that Breast Health Day this Thursday can highlight this message of hope for women. Quite apart from being a brilliant way to lose stress, the evidence now is overwhelming - keeping active can massively reduce the risk. Studies show exercise is twice as important as weight control in preventing breast cancer, which is still the biggest cancer killer in Europe. The benefits of exercise are enormous and the cost near zero. This campaign should be a top priority for health promotion agencies around Europe to help the splendid work being done by the charity coalition, promoting best practice in cancer screening and prevention,” she said.

For more information see:

westmidslibdems.org.uk/news/002149/breast_health_day_mep_backs_drive_to_promote_daily_exercise_in_cancer_fight.html